## **Leading Dance at an Event**

- Space Needs similar to space for a practice, but allow for more people
- Equipment same as for practice, but make sure the audio can be heard in a larger area and over conversations at the other end of the room
- Scheduling
  - Try not to schedule classes at the same time as other topics dancers would like
  - o For a "ball" or open dancing session, consider your timing options
    - Before a feast could make some non-dancers impatient, but may give them some down time to relax and converse
    - After a feast, people are full and many are cleaning up, but non-dancers can leave if that's the last scheduled activity
- Organizing
  - Themes
    - Consider choosing your dances based on a theme
      - Nationality, formality, numbers of dancers, complexity
      - If you will be teaching new dancers, try building on each previous dance, introducing one new step or figure in each dance
  - Variety
    - Alternate the types or speeds of dances to keep people interested. Even if they sit out a dance they can stay engaged and jump back in for the next one
    - Maybe try having each set be a different type of dance (Italian, two-couple, bransles, etc.)
  - Sets
    - Most small to medium events can support 2-3 sets of 4-5 dances each
    - Allow water breaks after every few dances
    - Alternatively, keep the dancing going and allow dancers to come and go as they like
    - Open a set with a familiar dance to get people started
    - Save the more tiring dances for the end
  - o Refreshments can help attract dancers and keep them going longer

Handouts and more at http://bruno.pfitzinger.net bruno.lachner@gmail.com

# Teaching / Leading Dance The Honorable Lord Bruno Lachner

## **Getting Started Teaching**

- Space Needs
  - o Depends on the number of people
  - In general, 20'x30' is decent, but more is better. Narrower can work, depending on the dances.
  - o Try to avoid carpeting. Concrete can work, but it's hard on the body.
  - o Extra space for non-dancers to socialize or for dancers to rest.
- Equipment
  - Music (obviously)
    - Any options that allow you to play music and have the tunes easily accessible
      - Phone/iPod and Bluetooth Speaker
      - CDs and Boombox (burn CDs to organize your tunes)
      - Live musicians (even one recorder player can be enough)
    - Dance instructions
      - You can use these to teach from
      - Or use as a backup just in case you forget something
      - Extra copies can be given to dancers
  - Seating
    - For dancers when resting
    - For non-dancers who want to socialize and watch
  - Water
    - Make sure water is available nearby.
    - Restrooms are also helpful.
- Recordings
  - Play them ahead of time to make sure the tempo is good and the number of repeats is right
  - Collect all the best recordings you can find in one place, so you can find them easily later
  - Use Audacity (free software) to slow down recordings, add introductions, etc.
  - Musica Subterranea: SCA Dance Music by SCA Dancers http://www.musicasub.org/

#### Online Resources

- SCA Dance Database Search Engine http://ieee.uwaterloo.ca/sca/Music/index.cgi?
- Dance Videos uploaded by Darius the Dancer https://www.youtube.com/user/LordDariustheDancer/videos
- Gregory Blount's SCA Dance Cheat Sheets http://www.pbm.com/~lindahl/dance/Top.html
- Terpsichore at the Tower Dance Booklets https://www.cynnabar.org/eurodance
- Dafydd's Collection of Playford's English Country Dances http://www.pages.drexel.edu/~white/dplayford.html
- Del's Dance Book http://www.pbm.com/~lindahl/del/
- Playford Dance Videos http://dancevideos.childgrove.org/ecd/playford
- Palmer's Pocket Playford https://round.soc.srcf.net/dances/p-index
- Library of Congress Dance Instruction Manuals 1490-1920 http://memory.loc.gov/ammem/dihtml/dihome.html
- o Vintage Dance Manuals http://www.libraryofdance.org/manuals/
- o Hakon's Dance Collection http://hakon.pfitzinger.net/dance/
- Medieval Dance for Village Idiots http://middlegate.atlantia.sca.org/Library/MedievalDanceforVillage Idiots.pdf

#### • Dance Practices

- o Talk it up at local meetings before each practice
- o Plan dances around the interests and skill levels of your dancers
- Start with what you know and are comfortable with, even if it's only a couple dances
- You can add one dance each time to slowly build your group's repertoire
- Introduce new concepts teach a certain dance figure with several dances that use it
- Try scheduling dance practices when people are already gathered, like after a business meeting
- o Provide snacks and drinks for increased attendance
- Start by walking through the dance steps, reviewing as needed, before adding the music
- It doesn't matter if people mess up, as long as they're having fun and learning.

### Preparation

- o Get familiar with the dances you plan on teaching
- Learn the terminology for the dances so you can tell people what to do
- o Practice by playing the recordings and saying all the instructions
- Be prepared to talk loudly
- You don't have to be perfect, just willing to learn and have fun



## Dancing at a Demo

- Space Needs
  - Often dictated by availability
  - Plan room for the audience
- Equipment same as for a practice, but volume may be more important
- Organizing
  - Choose dances that are visually appealing
  - o Begin with a slower processional-type dance that you can enter with
  - o Introduce the dances with short descriptions in plain language
  - Be aware of the audience's attention span
  - End with a simple fun dance that you can invite the audience to join in on

#### Information

- Have tri-folds or business cards to give out to interested audience members
- o This can be a good way to attract new members to your local group