

# Official Bransle (Toss the Duchess)

Circle Dance for as many couples as will

A - All take hands, Double left and Double right. Repeat.

B1 - Single to the left SIX TIMES, looking first at your partner, then your corner, and back and forth during the six singles to the left. Then the Woman steps in front of her Man, placing her hands on the Man's shoulders, then she jumps while her Partner guides her to his left.

(B2 – Repeat if the music repeats.)

Officials Bransle  
Bransle de L'Officiel

NOTE: If a lady wishes to be “tossed,” she should put her hands on his shoulders. If she wishes NOT to be tossed, she should put her hands on his hands.



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