

Lorayne Almain

for any number of Couples in a line

A. Everyone go 4 Doubles forward, hopping at the end of each.

B1. Double forward. Double backward. Double forward. Turn to the outside away from your Partner.

B2. Repeat.

NOTE: In Part B, the Doubles are Alman Doubles, which use three steps and a pause with your foot in the air.



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