

# Aridan Bransle

for any number of Couples in a circle

- A - Double left. Kick left, right, left. Repeat.
- B - Double left. Single right, left, right.  
Double left. Kick left and right. Double right.
- C - [speed x2] Double left, ending with a Kick right. Single right, Kick left.

## Aridan Mixed Branle

*Orchesography 1589*



<http://bruno.pfitzinger.net>

# Aridan Bransle

for any number of Couples in a circle

- A - Double left. Kick left, right, left. Repeat.
- B - Double left. Single right, left, right.  
Double left. Kick left and right. Double right.
- C - [speed x2] Double left, ending with a Kick right. Single right, Kick left.

## Aridan Mixed Branle

*Orchesography 1589*



<http://bruno.pfitzinger.net>