

The Apple Seed

for 2 couples facing

I.

A1: Double forward to meet and back. 1st Couple lead through the 2nd Couple and go back to your places.

A2: That again, the 2nd Couple leading through.

B1: Men meet and fall back. Turn your Opposite by both hands.

B2: Women meet and fall back. Turn your Partner by both hands.

II.

A1: Side right with your Partner. Lead through as before.

A2: Side left with your Partner. 2nd Couple lead through.

B1&2: As before.

The Apple Seed

for 2 couples facing

III.

A1: Arm right with your Partner.
Lead through as before.

A2: Arm left with your Partner.
2nd Couple lead through.



B1&2: As before.

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